

Strengthening Families for Parents and Youth

A program to help parents and teens (ages 12—16) get along better!!

- Where: Community Living South Muskoka, Depot Drive, Bracebridge
- When: Wednesdays Oct 19th Dec 14th
- Time: 5:15–8:00 pm; a delicious dinner is served at 5:15 pm



oreating stronger family connections

Please call Terry Pullen at 705-645-4426, ext 6290 to register

Parents and teens will:

- Learn to understand each other.
- Improve communication.
- Find fresh approaches to old problems.

Quote from a past participant:

"I like everything in the program, the people are great and what I'm learning is working."



Strengthening Families is supported by funding from the United Way Greater Simcoe County in partnership with Simcoe Muskoka Family Connexions, Muskoka Family Focus and Children's Place, Community Living South Muskoka, Canadian Mental Health Association Muskoka-Parry Sound, The District of Muskoka and The Simcoe Muskoka District Health Unit